



INSIDE THIS NEWSLETTER



Page 2 - 3 DMCC News

- DMCC Jubilee Celebration Pack
- DMCC Memory Café Hub
- DMCC Regional Forums
- DMCC Questionnaire update
- DMCC QA Mark

Page 4 -6 Useful Links

- Dementia Toolkit – Exeter University
- Dementia Awareness Week 2022
- Because of Love play
- Alice’s Adventures in Aerialand
- Seaton Tramway

Page 7 Memory Café - Local News

- Colyton Quality Assurance Mark

Message from our Chairperson

Hi everyone

So it’s April again – with all the usual signs of spring – daffodils, little lambs, burgeoning buds – and Covid. Yes, although officially the pandemic is over, I don’t think anyone told Covid this was the case and it seems as if every fourth person you know has had it, has got it or is just getting it!. Me included which is why our newsletter is slightly late , so my apologies for that. I am over it now but it has left me still feeling really tired sometimes and periods of Covid memory fog. My family rudely said what is new!

But I haven’t forgotten that it is the Queen’s Platinum Jubilee in June and we at DMCC felt we just had to mark the unique occasion in some special way which could be remembered. We hope that you approve of how we have decided to mark this very special occasion and that it will help all the memory cafes to become closer together in the future.

June Wildman

Chairperson



Platinum Jubilee celebrations - June 2022



We were pleased with the response we had to our offer of Platinum Jubilee Party Bags and look forward to hearing about the parties you are planning for the event

June asked if you could 'record the occasion with stills and videos (mobile phone cameras are ideal) and to send us these so we can compile them on our web site. We would also like you to gather throughout the year written reminiscences from Coronation Day and how life was in the 1950's and let us have those too. These can be handwritten or typed and sent to us in digital form (scanned is preferable). These too will be put on our website so they can be used as a future resource'

Each Memory Café that requested packs receive: a Jubilee printed bag, Jubilee mug, two small Jubilee flags, a DMCC pen, copy of Living with Dementia in Devon A Carer's Guide, and one 5 meter length of Jubilee bunting.

The orders are being processed and as soon as we have delivery dates we will let you know.

We are pleased to let you that we have been very kindly donated a storage unit by J28 Self Storage, Alexandria Business Park in Cullompton for two months to enable us to store all the ordered items, prior to getting them out to the Memory Cafés via our regional meetings.



DMCC's inter-active training videos

Memory Cafe Hub

These new videos cover a variety of topics, all self-standing but able to be undergone in sequence or individually in your Café or at the individuals own home. They have all been compiled by a team of experts contracted by us, to our specifications.

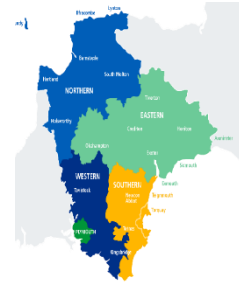
Some of you have now tried them out, so we would appreciate you feedback on how they are received by your volunteers, snags and all, so that we can continue to improve them. We hope you find them valuable.

You can only access these only through our website, using the link to our Memory Cafe Hub. <https://memorycafehub.org.uk/>

DMCC REGIONAL FORUMS

In our last newsletter we mentioned that we would like to organize local get togethers for our Memory Cafés. A high proportion said that they would like this, so we are hoping to arrange them in late Spring to coincide with the collection of the Jubilee packs.

We would like to meet up in areas that match up with the DCC strategic plan and have grouped them together and have recently sent the proposed groups out in an email.



DMCC - COVID QUESTIONNAIRE UPDATE NO 3 FOR JANUARY 2022

We would like to thank all those who have completed our latest Covid questionnaire update, it was much appreciated and has given us a picture of what is going on and it is good to hear that most Memory Cafes have now re-opened or are close to starting up again. Some that we thought might close are now due to re-open soon under new management or co-ordinators.

Do please send us photos of how you have used the re-opening money if possible as we like to share good new stories.

DMCC Quality Assurance Mark

We have had a very good response from our Memory Cafes wanting to take part in our DMCC Quality Assurance Mark. But if you haven't yet signed we do still have funding available for Memory Cafes interested in joining. To find out more about this to: register your interest or update your QA, please contact: Jane at: info@dmcc.org.uk





LIVING WITH DEMENTIA TOOLKIT

Below is a link to the toolkit sent to us from Exeter University research team that we have been sent to share with you.

Welcome to the Living with Dementia Toolkit for people with dementia and their carers. This set of resources is based on research, and the expert experiences of people with dementia and their carers. If you would like to learn more about how we developed them click here. These resources are here to:

- give you hope for the future
- inspire you through examples of real-life experiences
- offer ideas to help you live your life as you choose

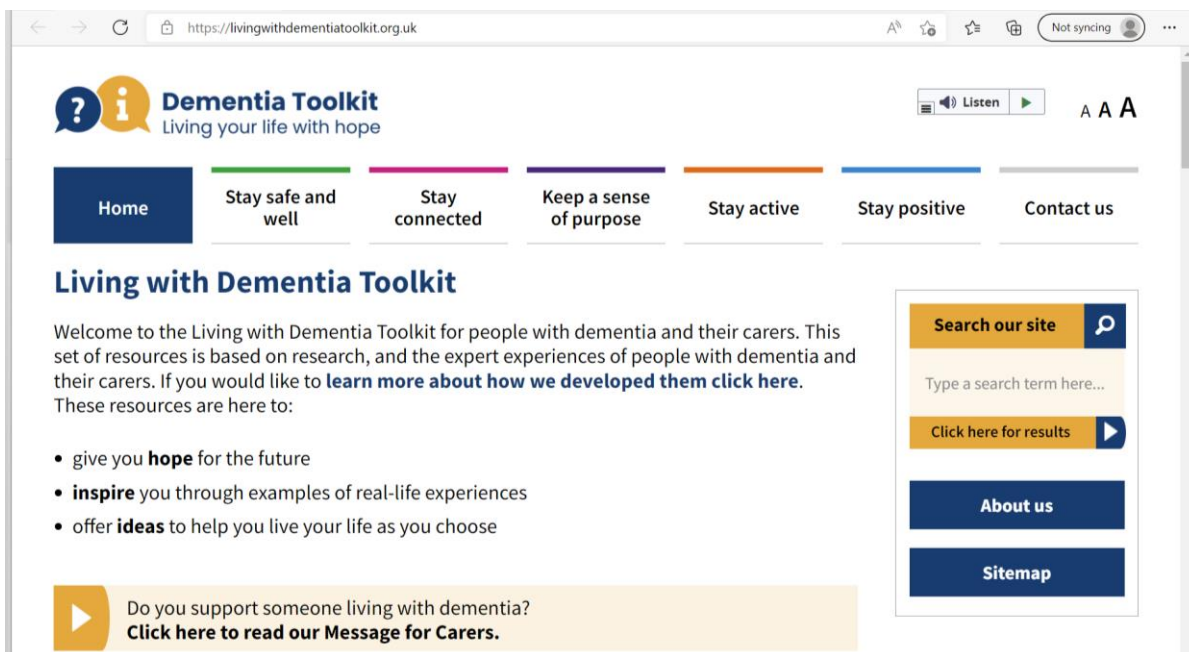
There are five themes to the toolkit. Click any of the below buttons to visit the resources in that theme.

These five themes all contribute to living a good life with dementia according to both our research findings and what people affected by dementia have told us.

Sometimes we have created materials and sometimes we have linked to pre-existing resources. We are aiming to gather lots of useful and inspiring information in one place.

Pick and choose among the themes and resources to find something which suits you. You do not have to look at everything

<https://livingwithdementiatoolkit.org.uk/>



You may also be interested in the link to the Ideal Project by Exeter University.

<https://www.idealproject.org.uk/covid/pwd/>

The screenshot shows the top of the IDEAL website. It features three logos: 'UNIVERSITY OF EXETER', 'Improving Dementia Care ESRC-NIHR', and 'Alzheimer's Society'. Below the logos is the text 'IDEAL: IMPROVING THE EXPERIENCE OF DEMENTIA AND ENHANCING ACTIVE LIFE'. A navigation menu includes 'Home', 'Overview', 'Project team', 'Taking part', 'Publications and activities', 'Projects', 'News and Events', 'Contact', and 'COVID-19'. On the right, there is a search bar and a 'Contact us' button. Below the navigation is a grid of 12 video thumbnails showing various people. To the right of the grid is a 'Tweets by @IDEALStudy/Tweet' section with a tweet from 'IDEAL Programme' thanking @GALStudy/Tweet and @GMSH_Liverpool.

DEMENTIA ACTION WEEK 17 - 23 MAY 2022



Dementia Action Week is a national event that sees the UK public taking action to improve the lives of people affected by dementia. In 2021, the Week will take place on 17 – 23 May.

Stand up for your loved ones this Dementia Action Week

Details

Start:

[May 17](#)

End:

[May 23](#)

Awareness Event Categories:

2022, Awareness Weeks, Community Awareness, Family Awareness, Featured, Health Awareness, May, UK Awareness Day

Website:

<https://www.alzheimers.org.uk/get-involved/dementia-action-week>

Location

BECAUSE OF LOVE - AXMINSTER DRAMA GROUP

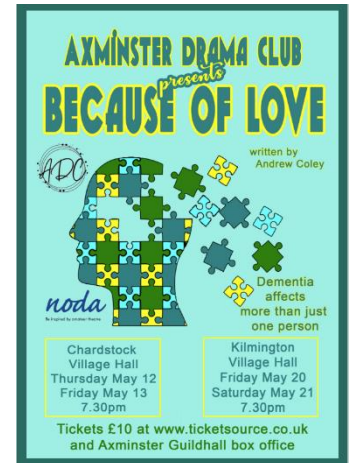
Because of Love is a new play written by Andrew Coley that explores the challenges presented by a diagnosis of dementia. The play written about the effects a diagnosis of dementia can have on a family. I am hoping this may be of interest to Memory Cafés.

Hector Boyd's relationship with his son becomes estranged when Nathan tells him he doesn't want to take on the family farm. Years pass as they live their separate lives but when Nathan is told his father has been diagnosed with dementia, he has to decide how to react when he realises that his father is not the man he was.

Axminster Drama Club will be staging Because of Love in May, at two different venues to tie in the Dementia Action Week.

It will be staged in Chardstock Village Hall on Thursday, May 12 and Friday, May 13 and then move on to Kilmington Village Hall, for another two performances on Friday, May 20 and Saturday, May 21.

Tickets are available, priced £10 each, at <https://www.ticketsource.co.uk/whatson?q=axminster&location=axminster>



ALICE'S ADVENTURES IN AERIALAND'

The Dot Collective have just been awarded Arts Council funding to deliver 2 performances of our new show 'Alice's Adventures in Aerialand' for those living in care, with dementia and their carers in Devon this June, (please see attached Production Pack with this newsletter)

The show is an open-air aerial circus production of Alice's Adventures in Wonderland, developed to be engaging and stimulating for people with dementia but engaging for all - so a thoroughly joyful family affair that lasts 1hr. I have attached a production pack with more information.

We'd really like to find the best place to hold a production for those living and caring for dementia in Devon, so it would be great if you can help us to organise this. The production is funded, so there's no cost, we just need the place and the people!

<https://www.thedotcollective.com/alice-s-adventures-in-aerialand>



SEATON TRAMWAY

Last year we introduced a new activity called Memory Tram for people with dementia and their carers. The Memory Tram runs once a month on a Friday and involves a return tram ride from Seaton to Colyton, with themed activities at Colyton station, plus refreshments.

The cost per person is £14.95 but carers are free.

Last year we ran 2 Memory Trams once Covid restrictions were lifted, both had an 'All the Fun of the Fair' theme with traditional fairground games such as 'Hook-a-duck', 'Roll-a-penny' and 'Splat the rat', plus hot dogs and popcorn.

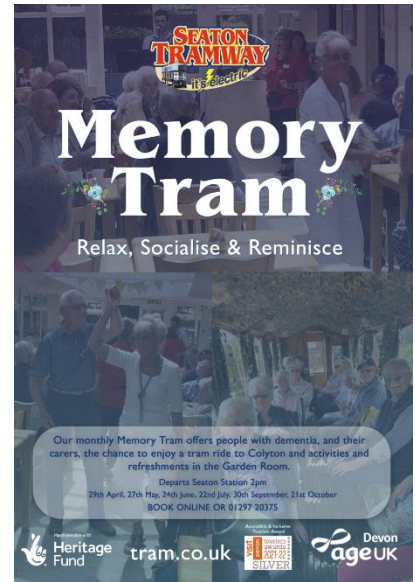
Other planned themes include 1960's Seaside Seaton, a tea party, Tramway Olympics and arts and crafts.

We can accommodate up to 28 people per Memory Tram.

If you would like to find out more please feel free to contact me on the email address below or by telephone.

Seaton Tramway, Riverside Depot, Harbour Road, Seaton, EX12 2NQ t: 01297 20375

Nicola Stone nicola@Tram.co.uk



DMCC MEMORY CAFÉ – LOCAL NEWS

Colyton & Colyford Memory Café

We are delighted and proud to announce that we have been awarded a Quality Assurance Mark by Devon Memory Café Consortium.

This award recognises our Memory Café for providing health and well-being services and activities. It confirms that our provision is of the highest standard and that we conform to all health and safety guidance.

We have worked as a team towards achieving this award. It represents many volunteer hours of meetings, discussions and workshops to bring together the evidence required.

It is a truly great feeling for us all to be positively recognised for all we strive to do in our community, and we feel sure that the community will share our delight.

